

Comparison of the Growth Performance and Carcass Characteristics of Two Slow-Growing Broiler Genotypes Fed Diets Supplemented with Dry Oregano (*Origanum vulgare* L.) or Lemon Balm (*Melissa officinalis* L.) Leaves under the Organic System ^[1]

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Summary

This study was conducted to determine the growth performance and carcass characteristics of two slow-growing broiler genotypes (Hubbard S757 and Hubbard Grey Barred JA) fed diets supplemented with dry oregano (*Origanum vulgare* L. or lemon balm leaves (*Melissa officinalis* L.) as growth promoter source under an organic housing system. In this study 240 chicks (mixed-sex) were allocated randomly into 4 experimental groups according to a 2 x 2 factorial arrangement for 2 broiler genotypes and 2 diets. The effects of dry herb leaves and genotype x herb leaves interaction on studied parameters were not significant at all weeks of age ($P>0.05$), except neck (%). Body weight, body weight gain, feed efficiency, carcass weight and yield, leg weight and yield, breast weight and yield, back weight and yield, edible giblets weight and yield of Hubbard S757 genotype were higher ($P<0.05$) than those of Hubbard Grey Barred JA genotype. The female breast ($P<0.01$) and edible giblets yield ($P<0.05$) were superior to those of males. These results show that herb leaves used as a growth promoter source under organic housing system did not affect the studied parameters and that in terms of these parameters, and subsequent Hubbard S757 genotype were superior to Hubbard Grey Barred JA genotype.

Keywords: Organic system, Slow growing chicken, Growing rate, Herb leaves, Carcass traits

Organik Sistemde Kuru Kekik (*Origanum vulgare* L.) ve Melisa (*Melissa officinalis* L.) Katkılı Yemlerle Beslenen Yavaş Gelişen İki Etlik Piliç Genotipinin Büyüme Performansı ve Karkas Özelliklerinin Karşılaştırılması

Özet

Bu araştırma, organik sisteminde yavaş gelişen Hubbard S757 ve Hubbard Gri çubuklu JA etlik piliçlerin; diyetlerine kuru kekik (*Origanum vulgare* L.) ve oğul otu (*Melissa officinalis* L.) yaprakları ilave edilmesinin performans ve karkas özelliklerine etkisini saptamak amacıyla yürütülmüştür. Denemede toplam 240 adet günlük etlik civciv (karışık cinsiyet) 2 genotip, 2 diyet ve 3 tekerrürlü olarak faktöriyel deneme deseninde rastgele 4 gruba dağıtılmıştır. Boyun randımanı hariç bütün haftalarda araştırmadaki parametreler üzerine bitki yaprakları ve bitki yaprakları ile genotip interaksyonunun etkileri gözlenmemiştir ($P>0.05$). Hubbard S757 genotipinin canlı ağırlık, canlı ağırlık artışı, yemden yararlanma, karkas ağırlığı ve randımanı, but ağırlığı ve randımanı, göğüs ağırlığı ve randımanı, sırt ağırlığı ve randımanı, yenilebilir iç organ ağırlığı ve randımanı Hubbard gri çubuklu JA genotipindekilerden yüksek bulunmuştur ($P<0.05$). Dişilerin oransal göğüs parçası ($P<0.01$) ve yenilebilir iç organları ($P<0.05$) erkeklerinkinden yüksek olmuştur. Bu araştırmanın sonucunda, büyümeyi teşvik edici olarak kullanılan bitki yapraklarının ele alınan özelliklere etkisi saptanmamıştır ve bu parametreler bakımından Hubbard S757 genotipi Hubbard gri çubuklu JA genotipinden üstün bulunmuştur.

Anahtar sözcükler: Organik sistem, Yavaş gelişen genotip, Büyüme oranı, Bitki yaprakları, Karkas özellikleri



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INTRODUCTION

Due to the recent consumer demands for organic foods, organic poultry production has become a growing segment of the poultry industry. The use of fast growing broilers in these systems causes physiologic and metabolic problems and criticism because of the lack of consideration of animal welfare. Slow growing chickens are more suitable for organic and free-range systems and they reach to 2.2-2.5 kg body weight (BW) in 80-120 days, because organs and muscles grow in harmony and the possible metabolic and physiologic problems caused by fast growing decreases ^[1].

In Europe, organic poultry production is regulated by different national and international rules regarding the choice of genotype. EC regulation 1804/99 and the Network for Animal Health and Welfare in Organic Agriculture's final recommendation ^[2] suggest using local, slow growing breeds for their higher rusticity and capacity to use outdoor areas and pasture ^[3]. Slow-growing genotypes, which were designed for outdoor production ^[4], have growing period of at least 81 days according to European organic programs ^[5]. Slow-growing birds are more adapted to natural systems, and the quality of their meat is more appropriate for a specialty or gourmet market ^[6,7].

Thus, some researchers ^[3,8] stated that slow-growing chickens possess a good aptitude for pasture, which enhances the dietary intake of bioactive substances (i.e. vitamins, antioxidants, and fatty acids) contained in the forage. In addition, the free-range chicken can consume young vegetative plant material and live protein sources, such as insects, worms, and grubs, which could reduce the feed cost that accounts for approximately 70% of the total variable costs ^[9,10] stated that compared with conventional free-range and organic systems, the pastured poultry is likely to induce considerably greater levels of pasture consumption, and thus it is an ideal system to evaluate the nutritional impact of pasture intake in broiler performance and carcass quality.

The removal of antibiotic growth promoters from poultry diets has triggered researches for suitable natural alternatives to combat the increased potential for bacterial disease development in organic growing flocks. Actually, the ban of some feed additives (antibiotics, coccidiostats, and the other artificial agents which are helpful to growing) in poultry nutrition and its subsequent associated concerns has created efforts to use different plant compounds as possible natural alternatives ^[11,12].

Recently, the researchers have endeavored to use some phytobiotics (herbs and herbal products) as alternatives to in-feed antibiotics for young animals and birds ^[13-15]. Phytobiotics are incorporated in poultry diets to replace synthetic products in order to stimulate or promote the effective use of feed nutrients, which may subsequently

result in more rapid body weight gain (BWG), higher production rates, the stimulation of appetite, improved feed efficiency, the improvement of endogenous digestive enzyme secretion, activation of immune response and antibacterial, antiviral, antioxidant and antihelminthic actions ^[16,17].

Oregano (*Origanum vulgare* L., OV) is an aromatic plant with a wide distribution throughout the Mediterranean area and Asia ^[18]. It has been suggested that the oregano possesses in vitro antimicrobial ^[17,19], antifungal ^[20,21], insecticidal ^[22] and antioxidant ^[23] properties. Lemon balm (*Melissa officinalis* L., MO) is the most common herbs used in our traditional folk herbal medicine. However, little is known about the antioxidant properties of their extracts and essential oils in poultry ^[24].

Lemon balm is known as a herb with high content of antioxidant active substances ^[24] and the antimicrobial activity ^[25]. Some molecules responsible for the antioxidative properties of natural plant extracts are flavonoids and phenolic compounds ^[26]. Research is needed to determine the suitability of different slow-growing genotypes fed dietary herbal supplement for Turkey organic and natural production systems that provide outdoor access with regard to overall growth performance and consumer acceptability.

To our knowledge, the comparison of the performance and carcass characteristics of two different slow growing genotypes fed with supplementation of dry oregano (*Origanum vulgare* L.) or lemon balm (*Melissa officinalis* L.) leaves, which are among the alternative growth promoters, into compound feed has not been reported in the organic rearing system. Therefore, the present study was conducted to compare the growth performance and carcass characteristics of two different slow growing genotypes fed using dietary dry oregano or common balm leaves as growth promoter supplement.

MATERIALS and METHODS

The study was carried out at Cumhuriyet University. Two hundred and forty slow growing chickens consisting of equal numbers of Hubbard S757 (S757) and Hubbard Grey Barred JA (GB-JA) strains were utilized for the investigation. In the study, 240 male and female day old chicks were weighed, identified with a wing number and randomly allocated to 4 treatment combinations with 3 replications in a 2 (genotypes: S757, GB-JA) X 2 (diets: 10g *Origanum vulgare*/kg basal diet, + 10 g *Melissa officinalis*/kg basal diet) factorial arrangement in a complete randomized design. The experiment was approved by the Ethics Committee of the University of Cumhuriyet in Sivas, Turkey (20.06.2011/50).

There were 12 mobile chicken house (1.5 x 1.5 m),

each containing 20 birds (wing numbered) per replication with 10 birds/m² stocking density placed in each of the 100 m² (space outside at least 4 m²/bird for EU standards) grazing area. Moving shelters are secure and allow chickens access to sunlight and fresh air, while allowing them to forage and scratch the ground for food. It is made from wood and includes adequate [27] drinkers, feeders, heater and perch. The surrounding of the current research area was covered by plastic netting material against predatory and foreign birds. The experiment was ended at the end of the 14th week.

Starter (0-28 days), grower (29-81 days) and finisher (82-98 days) diets were formulated to provide adequate levels of all nutrients for broilers (Table 1). All birds used in the experiment were cared for according to applicable recommendations of the National Research Council [28]. The basal diets were supplemented with levels of OV and MO to provide 10 g/kg of total OV and MO in the diet from the first 15 day. The specified chemical compositions of the organic diets are presented in Table 1, and certified as organic feed materials used. Creating artificial poultry pasture, *Lotus corniculatus* (50%) and *Bromus inermis* (50%) are used a combination of both. Organically grown herbs of oregano (*Origanum vulgare* L.) or lemon balm (*Melissa officinalis* L.) were harvested and the leaves were separated from the twigs. The herb material consisted of leaves that were spread out on a concrete floor and allowed to dry for a period of 3-4 days under room temperature.

The research in regard to the animal production, feeds and pasture was carried out according to the principles and implementation of regulation on organic agriculture [27] published by the Republic Of Turkey, Ministry of Food, Agriculture and Livestock. Barley, wheat bran, white wheat, rye, corn, triticale, oat and soybean meal provided from Buğrahan Co.Ltd. as certified organic, and the research has been followed by an independent audit organization ORTAR control certification Co.Ltd..

Initially, 14 day-old chicks were housed in mobile housing, feed and water were provided *ad libitum*, and they were not allowed go out for grazing. After this period chicks were allowed to go out and graze freely and all basal feed and water were provided between the hours 07.00-19.00 *ad libitum* for all chicks during the experimental period. Natural day length lighting is provided for chickens from the first day to slaughter age without additional lighting. The research has been conducted from 14 June to 30 September 2012. Natural lighting time at the beginning and at the end of the experiment was recorded 15 h 8 min and 11 h 57 min, respectively.

Ceramic heaters are used for heating which are sources of Far Infrared Rays and do not spread light. As required by Türkoğlu *et al.* [29], temperature at chick level was decreased every week in line with their growth to reach 20°C in the fourth week, and was then maintained at this temperature until slaughter. The chicks were vaccinated against Newcastle

Table 1. Ingredients and composition of experimental organic diets (%)

Tablo 1. Araştırmada kullanılan organik rasyonun yapısı ve içeriği (%)

Feed Ingredients	0–28 days	29–81 days	82–98 days
Barley	3.45	4.50	4.50
Vegetable oil	4.36	5.00	5.00
Wheat bran	5.00	5.00	5.00
White Wheat	12.40	4.00	4.00
Rye	3.00	4.00	4.00
Corn	40.00	20.00	20.00
Triticale	-	22.00	32.00
Oat	2.10	5.00	-
Fish meal	7.30	5.00	-
Soybean meal	20.00	22.00	22.00
Dicalcium phosphate	1.10	2.10	2.10
Limestone	0.74	0.80	0.80
Salt	0.30	0.30	0.30
Vitamin-mineral premix*	0.25	0.30	0.30
Calculated nutrients composition (g/kg)			
ME (MJ/kg)	13.00	12.72	12.91
Dry matter	899.00	903.00	901.00
Crude protein	197.00	201.00	180.00
Crude ash	4.70	5.90	4.80
Lysine	10.80	10.60	8.50
Methionine + Cystine	6.60	6.70	5.90
Threonine	7.30	7.20	6.20
Calcium	10.00	11.60	9.00
Sodium	1.90	1.80	1.50
Tryptophan	2.40	2.60	2.50
Linoleic acid	31.9	32.1	31.3

* Each kg of vitamin-mineral premix contained: vit A, 4.400.000 IU; vit D₃, 1.600.000 IU; vit E, 20.000 mg; vit K₃, 1.600 mg; vit B₁, 1.200 mg; vit B₂, 3.200 mg; vit B₃, 20.000 mg; vit B₅, 6.000 mg; vit B₆, 1.600 mg; vit B₉, 800 mg; vit B₁₂, 8 mg; biotin, 80 mg; antioxidant dry, 50.000 mg; Cu, 6.000 mg; Fe, 20.000 mg; Mn, 48.000 mg; Se, 80 mg; Zn, 40.000 mg; Co, 80 mg; I, 500 mg

diseases (day old and 14 day), gumboro (on 7 and 21 days) and Infectious Bronchitis virus (IBV, 28 day). Any drug or antibiotic was not used to increase efficiency or against diseases.

Weekly BW of birds was individually measured, feed consumption (FC) and viability were calculated for each group during the 14th week of the study. The average feed consumption of the group was used to calculate the individual feed conversion ratio (FCR). A total of 48 chicks were randomly chosen and weighed by selecting two male and two female birds from each subgroup. After 10 h fasting, birds were slaughtered to determine the carcass traits in 14 weeks. In order to determine hot carcass weight, edible giblets and abdominal fat was removed. Cold carcass weight was determined after chilling the

carcasses at +4°C for 24 h. Cold carcass weight was divided by the slaughter weight to determine cold carcass yield. Carcass parts weights (legs, breast, wings, back, neck, edible giblets) were determined according to the Institute of Turkish Standards [30,31] scattering technique. Carcass yield (dressing percentage) and weight of edible giblets were expressed as a percentage of BW just before slaughter (g/100 g BW), and carcass parts were expressed as a percentage of the cold (chilled) carcass weight (CW) without giblets (g/100 g CW).

The 48 birds (fasted for 10 h with free access to water) were slaughtered without stunning under Turkish slaughter procedure (these birds were slaughtered under conditions acceptable to the appropriate ethics committee) by severing the throat and major blood vessels in the neck in local processing plant in organic system [31]. The significance of the mean scores between the treatments for BW, BWG, FC, FCR, CW and carcass yield were studied by multifactor ANOVA, including the effects of genotype, herb leaves, sex and genotype and their interaction. The statistical analysis was conducted using the SPSS 16.0 (Inc. Chicago. IL. USA) program. Treatment effects were considered to be significant at $P < 0.05$. Data were expressed as mean values with pooled standard errors (standard errors of the mean, SEM).

RESULTS

During the entire experimental period birds showed excellent health (no signs of footpad burns and good

plumage state). There were no reports of predation because the 12 experimental plots were fenced to keep out foxes and were covered with nylon nets to avoid avian predation.

In the present study, BW, BWG and FC and the feed efficiency of two different genotypes fed with two dry herb leaves during the experiment were presented in [Table 2](#) and [Table 3](#), respectively. Significant differences were observed in BW, BWG and FCR, but not FC due to genotypes.

Mean values for carcass measurements derived from dissection and proportions of carcass parts are given in [Table 4](#) and [Table 5](#). Weight of hot and cold carcass, legs, breast, wings, back, neck and edible giblets were significantly higher ($P < 0.01$) for S757 genotype chicken than GB-JA genotype. Weight of abdominal fat have also significant difference between genotypes ($P < 0.05$; [Table 4](#)).

Genotype by dietary dry herb leaves interaction was not significant at all weeks of age for BW, BWG, FC and FCR. All carcass parts yields did not effect by genotype X herb leaves interaction except neck yield ($P > 0.05$). Concerning genotype X herb leaves and genotype X herb leaves X sex effects had no significant influence on mass of carcass parts ($P > 0.05$; [Table 4](#) and [Table 5](#)).

Weight of hot and cold carcass, legs, breast, wings, back, neck and edible giblets and abdominal fat did not differ significantly between both dry herb leaves ($P > 0.05$). As the weight of hot and cold carcass, legs, breast, wings, back, neck and edible giblets and abdominal fat yields

Table 2. The BW and BWG of two different slow growing broiler genotypes

Tablo 2. Yavaş gelişen iki farklı etlik piliç genotipinde canlı ağırlık ve canlı ağırlık artışları

Items			Body Weight, g				Body Weight Gain, g			
			Age (week)				Age (week)			
Genotype ¹	Herb ²	Sex ³	0	4	8	14	0-4	4-8	8-14	0-14
GB-JA	OV	M	35.26	216.50	494.28	2143.22	172.73	483.70	1438.57	2095.00
		F	34.48	178.17	416.30	1614.11	149.16	397.02	1020.95	1567.13
	MO	M	35.11	207.67	516.59	2173.00	168.80	499.21	1445.35	2113.36
		F	35.40	185.50	467.62	1641.06	168.95	427.17	1069.92	1666.04
S757	OV	M	36.63	306.55	749.63	2847.33	255.48	692.49	1876.35	2824.31
		F	35.63	273.83	648.93	2184.11	240.69	570.39	1368.48	2179.56
	MO	M	36.62	304.78	764.28	2792.83	267.17	686.70	1852.79	2806.66
		F	35.33	285.17	681.23	2256.33	257.42	587.51	1426.24	2271.17
SEM			0.175	9.043	21.610	67.79	8.287	17.248	43.954	66.678
Main and interaction effects										
Genotype			**	**	**	**	**	**	**	**
Herb leaves			-	NS	NS	NS	NS	NS	NS	NS
Sex			*	*	**	**	NS	**	**	**
⁴ G X H			-	NS	NS	NS	NS	NS	NS	NS

¹ GB-JA=Hubbard Grey Barred JA; S757=Hubbard S757; ² OV= Origanum vulgare; MO= Melissa officinalis; ³ M = male; F = female; ⁴ Genotype X Herb leaves; * $P < 0.05$; ** $P < 0.01$; NS= $P > 0.05$; SEM: Standard error of the mean

Table 3. The feed consumption and feed conversion ratio of two different slow growing broiler genotypes**Tablo 3.** Yavaş gelişen iki farklı etlik piliç genotipin yem tüketimi ve yemden yararlanma oranları

Items		Feed Consumption (g)				Feed Consumption Ratio (g feed:g weight gain)			
		Age (week)				Age (week)			
Genotype ¹	Herb ²	0 – 4	4 – 8	8 – 14	0 – 14	0 – 4	4 – 8	8 – 14	0 – 14
GB-JA	OV	687.40	1424.78	4945.45	6370.24	4.21	3.17	3.94	3.41
	MO	770.91	1461.50	5187.31	6648.81	4.77	3.26	4.16	3.58
S757	OV	719.06	1423.28	5125.32	6548.61	2.99	2.32	3.26	2.70
	MO	768.74	1428.00	5189.75	6617.75	2.95	2.31	3.29	2.70
SEM		13.739	18.548	64.863	80.921	0.251	0.149	0.129	0.130
Main and interaction effects									
Genotype		NS	NS	NS	NS	**	**	**	**
Herb leaves		*	NS	NS	NS	NS	NS	NS	NS
³ G X H		NS	NS	NS	NS	NS	NS	NS	NS

¹ GB-JA=Hubbard Grey Barred JA; S757=Hubbard S757; ² OV= Origanum vulgare; MO= Melissa officinalis; ³ Genotype X Herb leaves; *P<0.05; **P<0.01; NS= P>0.05; SEM: Standard error of the mean

Table 4. The carcass characteristics of two different slow growing broiler genotypes in organic system (g)**Tablo 4.** Organik sistemde yavaş gelişen iki farklı genotipin karkas özellikleri (g)

Items			Slaughter (g)	Hot Car. (g)	Cold Car. (g)	Legs (g)	Breast (g)	Wings (g)	Back (g)	Neck (g)	E. Giblets (g)	Abdominal Fat (g)
Genotype ¹	H ²	S ³										
GB-JA	OV	M	2113	1473	1438	469	279	151	441	72	79	34
		F	1628	1150	1112	347	264	121	343	44	63	28
	MO	M	2143	1480	1447	481	270	148	466	68	76	34
		F	1639	1154	1115	337	228	123	351	63	63	27
S757	OV	M	2821	1998	1951	614	420	204	641	73	94	46
		F	2151	1528	1497	450	356	157	473	53	80	38
	MO	M	2872	2048	1998	628	427	211	654	69	99	47
		F	2237	1549	1525	444	347	156	519	50	82	32
SEM			65.31	47,86	47,28	15,31	11,76	4,70	17,17	1,92	2,02	2,47
Main and interaction effects												
Genotype			**	**	**	**	**	**	**	**	**	*
Herb leaves			NS	NS	NS	NS	NS	NS	NS	NS	NS	NS
Sex			**	**	**	**	**	**	**	**	**	NS
⁴ G X H			NS	NS	NS	NS	NS	NS	NS	NS	NS	NS
⁵ G X S			*	*	*	NS	NS	**	NS	NS	NS	NS
⁶ H X S			NS	NS	NS	NS	NS	NS	NS	*	NS	NS
⁷ G X H X S			NS	NS	NS	NS	NS	NS	NS	NS	NS	NS

¹ GB-JA = Hubbard Grey Barred JA; S757 = Hubbard S757; ² OV= Origanum vulgare; MO= Melissa officinalis; ³ M = male; F = female; ⁴ Genotype X Herb leaves; ⁵ Genotype X Sex; ⁶ Herb leaves X Sex; ⁷ Genotype X Herb leaves X Sex; *P<0.05; **P<0.01; NS= P>0.05; SEM: Standard error of the mean

did not differ significantly between both dry herb leaves (P>0.05). Wings and neck yield had significant differences in herb leaves X sex interaction (P<0.05).

DISCUSSION

Effect of Genotype

The BW and BWG of S757 chickens were higher than

GB-JA genotype, while those of chickens whose diets were supplemented by dry oregano or lemon balm leaves did not differ significantly during all weeks in the organic system. The growth rates of genotypes studied under the conditions of the present experiment were accurately measured for the GB-JA and S757 and their live market weights were different from one another. From 3 to 14 weeks of age, S757 genotype grew faster (P<0.05) than GB-JA genotype. FC of two different slow growing broiler

Table 5. The carcass characteristics of two different slow growing broiler genotypes in organic system (%)**Tablo 5.** Organik sistemde yavaş gelişen iki farklı genotipin karkas özellikleri (%)

Items			Hot Car. (%)	Cold Car. (%)	Legs (%)	Breast (%)	Wings (%)	Neck (%)	E. Giblets (%)	Abdominal Fat (%)
Genotype ¹	H ²	S ³								
GB-JA	OV	M	69.74	68.08	32.64	19.45	10.52	4.24	5.50	2.38
		F	70.62	68.23	31.18	23.64	10.92	3.57	5.76	2.57
	MO	M	69.03	67.51	33.26	18.65	10.27	4.32	5.33	2.34
		F	70.37	67.99	30.31	20.50	11.08	5.27	5.74	2.45
S757	OV	M	70.83	69.15	31.47	21.56	10.50	4.49	4.88	2.33
		F	70.98	69.55	30.07	23.67	10.55	4.01	5.41	2.60
	MO	M	71.29	69.53	31.49	21.38	10.63	3.85	4.98	2.44
		F	69.23	68.14	29.18	22.64	10.27	3.66	5.48	2.10
SEM			0.29	0.26	0.23	0.39	0.09	0.12	0.09	0.14
Main and interaction effects										
Genotype			NS	*	**	**	NS	NS	*	NS
Herb leaves			NS	NS	NS	NS	NS	NS	NS	NS
Sex			NS	NS	**	**	NS	NS	*	NS
⁴ G X H			NS	NS	NS	NS	NS	*	NS	NS
⁵ G X S			NS	NS	NS	NS	NS	NS	NS	NS
⁶ H X S			NS	NS	NS	NS	*	*	NS	NS
⁷ G X H X S			NS	NS	NS	NS	NS	NS	NS	NS

¹ GB-JA=Hubbard Grey Barred JA; ²S757=Hubbard S757; ³OV= *Origanum vulgare*; ⁴MO= *Melissa officinalis*; ⁵M = male; F = female; ⁶Genotype X Herb leaves; ⁷Genotype X Sex; *P<0.05; **P<0.01; NS, P>0.05; SEM: Standard error of the mean

genotypes and both herb leaves treatments were similar during all weeks in the organic system. Feed efficiency of S757 slow growing broiler genotype were greater than GB-JA genotype while those of chickens fed supplemented dry oregano or lemon balm leaves were similar during all weeks in the organic system. It seems possible that slow growing genotypes in organic system could be slaughtered at 12 weeks according to feed efficiency indicators. As it is seen [Table 2](#) and [Table 3](#), slow growing S757 genotype fed with supplemented both dry herb leaves diet showed higher BW, BWG and feed efficiency which were associated with the growing rate. This increasing positive effect is not reflected to their FC. It may be that the genotype S757 have benefited effectively from pasture feeding. Unfortunately, the pasture consumption was not measured in this study, but this parameter may need to be measured in future research to provide better understanding. Fanatico *et al.*^[7] claimed that outdoor access has many factors, such as temperature, photoperiod, and light intensity, which are not controlled and are inherently variable. Furthermore, chickens raised outdoors have access to pasture and the forages, insects, and worms that may be available.

These results are consistent with those of Castellini *et al.*^[32] suggesting that there are negative effects of the organic rearing system of chickens on BWG and FCR for Ross cockerels aged 56 and 81 days. A possible explanation

for this might be that the high fiber content of pasture biomass may limit nutrient utilization and could reduce growth rates and feed efficiency^[10]. Sirri *et al.*^[33] claimed that FCR, calculated on FC with the exclusion of pasture intake resulted in 4.42 for slow growing genotype was higher than that of current finding. Grashorn and Closterman^[34], while studying performance and slaughter characteristics of five slow and one fast growing genotypes for extensive production up to 84 days reported that genotypes differed significantly in BW's (Ross being heavier in this respect). On the other hand, Santos *et al.*^[35] and Ponte *et al.*^[10] showed significantly higher BW in broiler chickens that had free access to pasture. Similar results were obtained by Bassler and Ciszuk^[36], Santos *et al.*^[35] and Mikulski *et al.*^[37], in FCR.

Breast is the most valuable portion of the chicken carcass in the market; even small differences in breast yield among genotypes could have a significant economic impact. In our experiment, while slow growing chickens showed differences in all carcass characteristics induced by genotype ([Table 4](#)), but only cold carcass, legs, breast, and edible giblets yields were significant (P<0.05; P<0.01; [Table 5](#)).

The S757 genotype had higher cold carcass, edible giblets (P<0.05), legs and breast (P<0.05) yields compared to the GB-JA (P<0.01). Carcass yield was higher than that

(56.8%) of Sirri *et al.*^[33] and lower than that (75.9%) of Şekeroğlu and Diktaş^[38] in slow growing genotype, while it was similar to those reported by Castellini *et al.*^[6], Fanatico *et al.*^[7], Dou *et al.*^[39], Poltowicz and Doktor^[40]. Likewise, Castellini *et al.*^[32] and Poltowicz and Doktor^[40] showed that birds had access to free range achieved a higher percentage of breast muscle in the carcass. The present findings seem to be consistent with other research^[39] which found the results of breast and legs yield (20.17% and 27.65%) of slow growing broiler in free-range system.

The abdominal fat yield of slow growing chickens was higher than those of reported by Castellini *et al.*^[6] and Poltowicz and Doktor^[40], while was similar than those of reported by Mikulski *et al.*^[37] and Dou *et al.*^[39]. Wang *et al.*^[41] found that the abdominal fat yield of chickens in the free range system was significantly lower than chickens in the indoor treatment. Fat deposition is affected by many factors such as diet, age, genotype, environmental conditions, and sex^[37]. On the other hand Narimani-Rad *et al.*^[42] have reported that dietary supplementation of 1% oregano could improve broiler performance in conventional system and carcass quality via more weight gain, increase carcass yield and decrease abdominal fat deposition and might be a useful method to the production of organic broilers. It may be the case therefore that the dry lemon balm leaves also was the same effect just as dry oregano leaves on the decreasing abdominal fat of slow growing chickens in organic system.

The finding of genotype X sex and genotype X herb leaves X sex interactions had no significant influence on mass of major carcass parts yield as a percentage of BW.

Effect of Herb Leaves

This study demonstrated that supplementing dietary oregano or lemon balm have no significant effects on all growth performance parameters measured until the age of 14 weeks. Such a case can firstly be explained by the fact that all chickens growing performance showed similar effects in term of both herb leaves treatment. For this reason, using one of two dry herb leaves in organic system may have a positive effect on growing performance of chickens. The second reason for the lack of effects of supplements may be related to the environmental conditions^[15]. Recent studies^[12,43-45] have engaged fast growing broilers fed supplemented products (leaf, oil or extract) of the oregano or lemon balm in conventional systems, including slow-growing chicken employed in the present study, but the design used in their trial did not conform to the standard of organic production in the EU. Therefore, the results from the present study cannot be compared with the results of Botsoglou *et al.*^[23], Roofchaee *et al.*^[12], Marcinčák *et al.*^[44,45]. Previous observations have shown that herbs, plants extracts, essential oil and/or the main components of the essential oil did not affect BWG, FC or feed efficiency of chickens in indoor conventional systems^[11,46-51]. A

possible explanation for some of our results may be the lack of adequate research in organic systems. There is a large volume of published studies describing the role of dried leaves, flowers, extracts, essential oil of oregano which possesses substantial antioxidative, antimicrobial and antifungal activity^[19,23,52,53]. They actually suppress pathogenic microflora in the gastrointestinal tract of animals and thus reduce mortality during the fattening period, especially in stress period^[45]. In fact, they used anticoccidial medication in their diets while it does not actually contain any of the drug in current organic diets. Therefore, Giannenas *et al.*^[54] and Aparecida da Silva *et al.*^[55] have stated that oregano essential oil exerted an anticoccidial effect which was similar to the ionophorous antibiotic verified through the intestinal morphometric and excretion of oocysts. Mortality can have a large impact on profitability.

The mortality percentage of S757 slow growing chickens fed supplemented oregano or lemon balm leaves was 5% and 5% while those of GB-JA slow growing chickens fed supplemented oregano or lemon balm leaves was 0% and 3.3%, respectively ($P>0.05$) from 0-14 weeks (for the entire growing periods). It can thus be suggested that viability of genotypes fed with dry lemon balm and oregano leaves were higher due to antimicrobial properties during the experiment. Although previous work has shown higher mortality in fast growing birds compared with slow-growing birds^[6,56], there was not difference in mortality in this study, and all treatments had less than 5% mortality.

Effect of Sex

Contrary to expectations, this study did not find a significant difference in terms of BWG between sexes at 0 to 4 weeks. The result of this study indicates that BW in chickens was genotype and sex dependent, that is, birds' BW vary according to their sexes. In this study, males and females of S757 recorded significantly ($P<0.01$) higher mean values than the GB-JA' sexes in terms of BW and BWG at day old, 4, 8, 14 weeks and 4 to 8, 8 to 14, 0 to 14 weeks, respectively (*Table 2*; $P<0.01$) as expected.

It seems possible that these results are due to the fact that males consumed a higher level of diet than females for maximal BW and BWG^[57]. This could be that generally male growing chickens gained weight faster than females due to higher daily FC in males^[58] were also observed in this study. Males genetically have slow feathering growth than females which influence the different needs and use of dietary protein. In addition, it was shown by the study of Li and Nolan^[59] that the daily protein synthesis and degradation rate for male broilers were higher than female broilers, suggesting that protein accumulation rate in males was also higher than females^[60].

This present experiment showed that male chickens have significant differences on slaughter weight, hot and

cold carcass weight, legs, breast, wings, back, neck and edible giblets weight ($P < 0.01$), but no differences in abdominal fat weight in regard to effect of sex on carcass parameters.

With regard to dressing weight and all carcass parts except abdominal fat weight, males and females of S757 chickens had highest mean values than both sexes of GB-JA chickens. This also implies that this trait is genotype and sex dependent, and that S757 performed better, and superior to GB-JA genotype at the same age, and under uniform organic management conditions. Many authors [6,40,61,62] stressed that free-range production system positively affects the quality of bird carcasses by reducing their fat content genotypes due to great locomotory activity and pasture aptitude continued to show low fat deposition [63].

The legs of males were higher than those of female ($P < 0.01$). In terms of overall parts yield, the females had higher percentages of breast ($P < 0.01$) and edible giblets ($P < 0.05$) meat yields than males. Males had greater leg yield ($P < 0.01$). This finding agrees with the studies of Young *et al.* [64], Fanatico *et al.* [7] who also found that females have higher breast meat yields than males, whereas males have higher leg yields. Concerning the cut-up yields, the breast meat and thigh and drumstick yields were higher than those (8.0% vs. 21.6%) of Sirri *et al.* [33]. In another study, Suto *et al.* [65] applied prolonged fattening of one broiler genotype when they measured various carcass traits and reported sex differences. Several factors have been shown to affect CW and carcass yield. These factors include genotype, nutrition, age, BW and sex [64,66]. Genotype x sex interaction have significant differences on slaughter weight, hot and cold carcass, wings weights ($P < 0.05$), while other carcass parts weight were similar to those of both genotype and sex. Male chickens fed dry oregano leaf had the highest neck weight, and female chickens fed dry lemon balm leaf had the lowest neck weight ($P < 0.05$), while for the slaughter weight and other carcass parts were not any significant differences ($P > 0.05$).

The choice of different chicken genotypes in organic farming plays a key role in determining growth performance and carcass traits. The results of the present study suggest that the performance and carcass traits of the slow growing chicken S757 genotype grown under the standards of organic production according to the relevant EU legislation could be better than that of GB-JA slow-growing chickens fed with both supplemented dry oregano or lemon balm leaves.

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