Evaluation of Homocysteine Levels in Neonatal Calves with Diarrhea

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Abstract

The aim of this study was to investigate the relationship between serum homocysteine (HCY), and creatinine, urea, venous blood gas and electrolytes values in neonatal calves with diarrhea. The study was conducted on a total of 30 calves, 20 with diarrhea and 10 healthy (control), with diarrhea complaints, of different races, sexes and ages ranging from 2-24 days. According to the venous blood gas results, the pCO2 and base deficit values of calves with diarrhea were significantly higher (P<0.001) compared to the control group values, while pH, pO2 and HCO3 values were significantly lower (P<0.001). While serum Na+ and Cl- concentrations in diarrheic calves did not show any statistical change when compared to the control group (P>0.05), serum K+ concentrations were statistically higher (P<0.001). Serum HCY, folate and vitamin B12 concentration values of diarrheic calves were significantly higher (P<0.001) when compared to the control group. As a result; in neonatal calves with diarrhea, it has been concluded that homocysteine excretion is disrupted by low renal excretion due to decrease in glomerular filtration rate that caused hyperhomocysteine. In addition, it is thought that this study will shed light on studies that will reveal the effect of hyperhomocysteinemia in the cardiovascular system in diarrheic calves.

Keywords: Homocysteine, Neonatal calf, Diarrhea

Introduction

Calf scour remains one of the most important problems faced by livestock industry despite all the developments in the field of prophylaxis and treatment of calf scour. It is still common today and is directly related to deaths; it also leads to indirect economic losses with development pause and treatment expenses. It is reported that diarrhea affects 90-100% of neonatal calves in some livestock farming, diarrhea related death in calves is more common than those of other reasons and causes great economic losses in Turkey livestock economy. The loss of fluid and electrolyte in diarrhea occurs mainly from the extracellular compartment in the body (intravascular + extravascular fluid) and as a result dehydration develops. High fluid loss causes a decrease in plasma volume (hypovolemia),
Homocysteine (HCY) is a sulfurous amino acid that does not participate in proteins formed by methionine metabolism [1,2]. Plasma HCY is metabolised by remethylation and trans-sulfuration mechanisms [3,5]. S-adenosyl homocysteine (SAH) is formed by using S-adenosylmethionine (SAM) as a methyl donor by transmethylation. By hydrolyzing SAH, homocysteine and adenosine are formed [4]. Homocysteine is converted to methionine by remethylation where N5-methyltetrafolate is the methyl donor and vitamin B12 is cofactor [5]. In the remethylation pathway, methionine synthase and N5-methyltetrafolate reductase enzymes act as catalysts. In addition, remethylation takes place in the liver and kidney by using the betaine methyl donor and the betaine-homocysteine methyltransferase enzyme, independent of vitamin B12 and folic acid [10]. Vitamin B6 is used as a cofactor in the transsulfuration pathway in the kidneys. Homocysteine is combined with serine and cystathionine is synthesized with the enzyme B-cystathionine synthase. Cystathionine is also converted into cysteine with the enzyme cystathionase. Cysteine is either excreted directly from the kidneys or converted into glutathione and sulfate [12-15].

Increases in plasma total homocysteine levels are reported to be caused by N5-methyltetrahydrofolate reductase and cystathionine B synthetase enzyme defects, or dietary deficiencies of enzyme cofactors B12, B6, and folic acid [6]. Plasma homocysteine levels increase with creatine due to renal failure [1,2]. The increase in total homocysteine levels, ie, hyperhomocysteinemia, has been shown to cause cardiovascular system disease as a result of its role in atherogenesis, atherosclerosis and thrombosis [13]. Hyperhomocysteinemia causes direct vascular endothelial damage, changes the anticoagulant effect of the endothelium to procoagulant and causes proliferation in smooth muscle cells [10,13]. Present information clarifies that the accurate renal function play basic role in homocysteine clearance. This vitrnessing and the reverse connection between homocysteine amounts and glomerular filtration rate (GFR) signifies that the kidneys play important role in HCY metabolism [6]. Although plasma folic acid levels are normal in kidney failure in many studies, decreasing plasma total homocysteine levels with folic acid supplementation have increased the possibility of relative intracellular vitamin deficiency [1,2]. This situation is reported to be related to the disorder in the conversion of folate to metabolically appropriate form [6]. Homocysteine is an intermediate of methionine metabolism. Hyperhomocysteinemia (HHCY) can be caused by a deficiency in enzymes or vitamin cofactors required for HCY metabolism, or from kidney disease [4,6,12,14].

Research has shown that there is a close relationship between plasma HCY and GFR. HCY is cleared from the body by urinary excretion after glomerular filtration, just like creatinine. It has been presented that kidney plays a major role in the maintenance of HCY plasma homeostasis in rats [13]. Decreased kidney function in chronic uremic patients, which is one of the causes of hyperhomocysteinemia, is an important determinant for plasma homocysteine concentration and there is a close relationship between decreased kidney reserve and homocysteine levels [14]. Homocysteine levels increase at least three to four times in patients with renal failure compared to normal individuals [15].

In this study was investigated the relationship between serum HCY and creatinine, urea, venous blood gas and electrolyte values in newborn calves with diarrhea. Fluid volume and glomerular filtration rate decreases as a result of dehydration in neonatal calves with diarrhea. The homocysteine transsulfuration mechanism is thought to be impaired as a result of the decreased GFR. Based on this equation, homocysteine will cause an increase in the total plasma homocysteine level as a result of disruption of transsulfuration mechanism in homocysteine. It was aimed to reveal whether there is a change in homocysteine levels in dehydrated calves, especially due to decreased kidney function.

**Material and Methods**

This research was approved (28/12/2017 and 27552122-604.01.02-E.91873) by the Animal Research Ethical Committee of Van Yuzuncu Yil University, Local Ethics Committee.

**Animal**

The animal material of this experiment consisted of 2-24 days old 30 calves from different races and genders brought to the Veterinary Faculty of Animal Hospital. Thirty calves were divided into 2 groups as twenty calves were diarrheic and ten calves were healthy (control). All calves in the control and experimental groups were examined on physical examination. The diarrheic calves were assessed by evaluating: defecation frequency (>4 times per day), fecal consistency (color and content), intensity (mucous, bloody an abundant), body temperature, heart frequencies, skin elasticity, position of the eye in the orbit, body retention, suction reflex examination and duration of diarrhea [17]. Calves were classified as having diarrhea after being evaluated according to clinical examination.

**Laboratory Analysis**

Blood samples were taken from *v. jugularis* in accordance with the technique for the analysis of hematological and biochemical parameters in diarrheic calves and healthy calves.
Hematological Analysis

In order to analyse the hematological parameters, blood samples were taken from *v. jughularis* into anticoagulated tubes (3 mL EDTA) in accordance with the blood samples technique. Hemoglobin concentration (HB), hematocrit value (HCT), leukocyte count (LEU), erythrocytes (RBC), platelet count (PLT), lymphocytes (LYM), monocytes (Mon), neutrophil (NEU), eosinophil (EO) and mean corpuscular hemoglobin concentration (MCHC) values were measured from the blood samples taken in anticoagulated tubes with the Veterinary Hemogram device (Veterinary MS4-s-Melet Schloesing Laboratories in France).

Biochemical Analysis

Whole blood from the vena jugularis of the calves with dry lithium heparin content (2 mL, 22G × 11 / 4) were taken for blood gas analysis and blood gas analysis were performed for 3 min. Blood gases (pH, pCO₂, pO₂, HCO₃ and base deficit), Na⁺ (mmol/L), K⁺ (mmol/L) and Cl⁻ (mmol/L) concentrations of diarrheic and healthy calves were measured with the blood gases analyser (Radiometer ABL80, Denmark).

Statistical Analysis

Descriptive statistics for the results were expressed as mean and standard deviation. Independent samples t-test was used to compare two groups (diarrhea and healthy). Pearson Correlation was used to some variables in calves was used to compare two groups (diarrhea and healthy).

Results

Hematological Findings

In the statistical analysis; WBC, HCT, EO MCV, MCH and HB values of calves with diarrhea were significantly higher than those of the control group (P<0.001) and PLT value was found to be significantly lower (P<0.001) (Table 1).

Biochemical Findings

In the statistical analysis of biochemical parameters; urea, creatinine and total protein levels of diarrheic calves were significantly higher when compared with the same parameters of the control group (P<0.001, P<0.05) (Table 2).

According to the statistical analysis; while the pCO₂ value of calves with diarrhea was found to be significantly higher compared to the control group (P<0.001), pH, pO₂, HCO₃ and base deficit values of calves with diarrhea were significantly lower than those of the control group (Table 3).

The concentrations of Na⁺ and Cl⁻ electrolytes in calves with diarrhea were not significantly different from than those of the control group, however, the concentration levels of K⁺ in diarrheic calves were significantly higher compared to the control group (P<0.001) (Table 4).

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Healthy Calves (n=10)</th>
<th>Diarrhoeic Calves (n=20)</th>
<th>P Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (day)</td>
<td>12.80±4.32</td>
<td>12.90±5.54</td>
<td>0.374</td>
</tr>
<tr>
<td>WBC (m/mm³)</td>
<td>10.37±1.03</td>
<td>15.86±7.39*</td>
<td>0.028</td>
</tr>
<tr>
<td>RBC (m/mm³)</td>
<td>9.01±0.90</td>
<td>8.87±1.79</td>
<td>0.822</td>
</tr>
<tr>
<td>HCT (%)</td>
<td>28.36±2.73</td>
<td>40.07±4.94*</td>
<td>0.001</td>
</tr>
<tr>
<td>LYM (m/mm³)</td>
<td>6.92±1.49</td>
<td>7.89±5.76</td>
<td>0.608</td>
</tr>
<tr>
<td>MON (m/mm³)</td>
<td>0.58±0.11</td>
<td>0.76±0.41</td>
<td>0.164</td>
</tr>
<tr>
<td>NEU(m/mm³)</td>
<td>4.53±1.34</td>
<td>5.55±3.76</td>
<td>0.415</td>
</tr>
<tr>
<td>EO (m/mm³)</td>
<td>0.38±0.13</td>
<td>0.84±0.69*</td>
<td>0.049</td>
</tr>
<tr>
<td>PLT (m/mm³)</td>
<td>699.70±278.35</td>
<td>336.95±169.83*</td>
<td>0.001</td>
</tr>
<tr>
<td>MCV (fl)</td>
<td>29.06±3.151</td>
<td>34.32±3.77*</td>
<td>0.001</td>
</tr>
<tr>
<td>MCH (pg)</td>
<td>12.31±1.36</td>
<td>13.61±1.49*</td>
<td>0.028</td>
</tr>
<tr>
<td>HB (g/dL)</td>
<td>10.11±1.23</td>
<td>12.79±2.66*</td>
<td>0.005</td>
</tr>
</tbody>
</table>

WBC: White blood cell; RBC: red blood cell; HCT: hematocrit; LYM: lymphocyte; MON: monocyte; NEU: neutrophil; EO: eosinophil; PLT: platelet; MCV: mean corpuscular volume; MCH: mean corpuscular hemoglobin; HB: hemoglobin; * Means in the same row with different superscripts are significantly different (P<0.05)

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Healthy Calves (n=10)</th>
<th>Diarrhoeic Calves (n=20)</th>
<th>P Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Albumin (g/dL)</td>
<td>2.64±0.64</td>
<td>2.88±0.36</td>
<td>0.293</td>
</tr>
<tr>
<td>TP (g/dL)</td>
<td>5.81±0.96</td>
<td>6.80±1.10*</td>
<td>0.021</td>
</tr>
<tr>
<td>Creatinine (mg/dL)</td>
<td>0.74±0.07</td>
<td>2.68±1.40*</td>
<td>0.001</td>
</tr>
<tr>
<td>Urea (mg/dL)</td>
<td>17.03±5.87</td>
<td>62.87±22.35*</td>
<td>0.001</td>
</tr>
</tbody>
</table>

TP: total protein; * Means in the same row with different superscripts are significantly different (P<0.05)
Serum homocysteine, folate, and vitamin B12 concentration values of diarrheic calves were significantly higher (P<0.001) compared to the control group (Table 5).

In the statistical analysis of the correlations of some variables of neonatal calves with diarrhea, a positive correlation was found between serum HCY, creatinine, and urea levels (r=0.95, P<0.001; r=0.97, P<0.001, respectively) (Fig.1).

**DISCUSSION**

It has been reported that significant changes in hematological parameters are detected depending on the degree of dehydration in fluid losses due to diarrhea [2,17-19]. There is a positive relationship between the degree of dehydration and Hct value in calves with diarrhea and the severity of dehydration can be determined from the HCT value [2]. Increased HCT value, RBC count, WBC, NEU count and HB values have been reported in neonatal calves with diarrhea [1,2]. It is reported that it occurs as a result of the reaction of the body against leukocytosis, gastrointestinal infection in cases with diarrhea [1]. In this study, WBC, HCT, EO, MCV and MCH values of diarrheic calves were found to be significantly higher when compared with the same parameters of the control group (P<0.001), while the PLT value was found to be significantly lower. Some researchers [1,20] reported changes in hematological parameters in calves with diarrhea. Also in this study, increases in MCV and MCH results from the increase in hemoglobin concentration.

In many studies, in general, a decrease in bicarbonate concentration in calves with diarrhea is considered as a marker of acidosis [21]. In calves with diarrhea, metabolic acidosis initially results in bicarbonate with feces, as well as the presence of unidentified organic acids in plasma [22,23] and a decrease in glomerular filtration rate in response to...
severe dehydration [18]. In calves with diarrhea, pH<7.28 and HCO$_3^-$ concentration of 20.0 mmol/L are reported, which reflects metabolic acidosis [5,19]. In another study, researchers found the mean base excess to calves with 4-8% dehydrated and moderately metabolic acidosis: -9.6 mEq/L, average pCO$_2$: 43 mmHg, average pO$_2$: 39 mmHg and average pH: 7.21 [24]. In this study, pH of calves with diarrhea was determined as 7.15±0.10, pCO$_2$: 39.37±4.28, pO$_2$: 28.40±6.51, HCO$_3^-$:15.57±6.19 and base deficit: -1.08±8.23 mmol/L. The values of the blood gas parameters obtained in our study are similar to the findings of many researchers [2,18,24].

In calves with diarrhea, arterial blood pressure and glomerular filtration rate (GFR) decreases as a result of hypovolemia [3,19,25], urine and creatinine retention increase, and serum concentrations of these nitrogenous substances increase [5]. In this study, while control group calves had urea: 17.03±5.87 mg/dL and creatinine:0.74±0.07 mg/dL, calves with diarrhea were determined to have urea: 62.87±22.35 mg/dL and creatinine: 2.68±1.40 mg/dL. However, urea and creatinine levels of calves with diarrhea were significantly higher than the control group (P<0.001). The urea and creatinine data of calves with diarrhea support the data of the previous studies [2,21]. The buffering required eliminating diarrhea-induced acidemia results in hyperkalemia as a result of K+. Hyperkalemia results from the direct electrochemical exchange of potassium for protons across the cell membrane [2,18]. Therefore, H$^+$ in the extracellular fluid enters the intracellular fluid, whereas K$^+$ in the intracellular fluid enters the extracellular fluid [19]. Strongest relations were described between plasma K$^+$ and indices dehydration, emphasizing the importance of decreased glomerular filtration rate for the development of hyperkalemia [2,19,21]. In this study, the increase in serum K$^+$ concentrations in calves with diarrhea supports the researchers’ data and hypotheses [2,19,25].

Several studies in different diseases have been conducted in the fields of human and veterinary medicine regarding the plasma and serum homocysteine [5,9,15,26]. However, there was no research on whether there was a change in HCY concentrations in patients with fluid loss due to diarrhea. There is a direct relationship between homocysteine and reduction in glomerular filtration and serum creatinine reduction in kidneys impairment. Creatinine concentration level in individuals is between 150-500 µmol/L, typically homocysteine values are between 20-30 µmol/L in human medicine [27]. In kidney dysfunction, this mechanism does not work and accordingly an increase in the total amount of homocysteine in plasma is observed [19]. Hyperhomocysteine is existent in individuals with declining kidney function, so that this alteration can be considered as a major factor in the progression of kidney diseases [28]. Vascular complications related to hyperhomocysteinemia may also occur in uremic pediatric patients [26]. There is highly correlated GFR (r= -0.70, P<0.001) plasma homocysteine as a result of decreased kidney function in moderate renal failure [29]. In determining GFR, serum homocysteine level plays a key role in early diagnosis of kidney diseases compared to serum creatinine level [16,29]. Serum creatinine and blood urea nitrogen measurements are easy for indirect symptoms of GFR [30]. Increased protein catabolism due to fasting, other than prerenal insufficiency, exacerbates the increase in serum urea concentration in calves with diarrhea [2]. In a study, it has been reported that there is a positive correlation between plasma homocysteine concentration and creatinine level and negative correlation with creatinine clearance [14]. In this study, a positive correlation was found between creatinine levels and HCY concentrations of diarrheic calves. Serum HCY concentration levels were high in cases with high creatinine concentrations. These data support the data of many researchers who reveal the relationship between creatinine, HCY and kidney function [14,27-29].

Other amino acids and intermediates involved in homocysteine metabolism are also affected in patients with uremia. Patients have normal levels of methionine, whereas transulfurization metabolites such as cystathionine and cysteine are high. It has been shown that plasma concentration of intermediates such as S-adenosyl methionine (Ado-Met) and S-adenosyl homocysteine (Ado-HCY) increase, the increase in Ado-HCY is more pronounced, and according to the Ado-Met/Ado-HCY ratio decreases. Increased plasma and erythrocyte homocysteine in uremic patients have been found to cause the accumulation of Ado-HCY, a toxic component in erythrocytes [16]. It is stated that plasma cysteine-homocysteine mixed disulfide levels have a positive correlation between creatinine levels in patients with renal failure [24]. In our study, the increase in HCY concentrations of diarrhea calves and the higher vitamin B$_12$ and folate levels compared to the control group supports the data of the researchers [14,28]. Plasma HCY concentrations did not decrease although homocysteine metabolism increased in favor of transulfuration due to the disruption of remethylation pathway in uremic patients [15,16]. In many studies, plasma HCY levels have been reported to be significantly increased in patients with moderate renal impairment and HCY level has increased significantly in the last stage of kidney disease [11]. An increase in plasma HCY level in kidney diseases may result from an increased production rate (i.e. transmethylation), a reduced rate of extraction from transullation or remethylation, or a decrease in HCY excretion [31]. In human medicine, HCY is used to evaluate complications of kidney, cardiovascular and other diseases [11,15,24]. HCY has been shown to be an independent risk factor for cardiovascular disease in kidney patients. It has been reported that there is a positive correlation between plasma HCY levels and GFR and serum creatinine [32]. Current evidence suggests that the main mechanism for hyperhomocysteinemia in kidney failure is a reduction in HCY removal from the body. However, it
is argued whether the increase in homocysteine level is a result of a decrease in kidney metabolic clearance or a result of extrarenal metabolic changes [11]. Kidneys play a major role in removing a large number of aminotiol or HCY-related compounds from the circulation (i.e, cysteine-glycine, glutathione, AdoMet and AdoHCY) in human medicine [18]. However, the glomerular filtration of HCY appears to be limited due to protein binding. Besides of the glomerular filtration, it can remove normal kidney HCY by plasma flow and peritubular uptake. Although it is in the absolutely low normal range, if it is associated with HCY levels in uremia, fluid decreases along the transsulfuration path; In addition, the remethylation path is impaired and HCY increases in mild to moderate renal failures [11]. Because there is a tight relationship between plasma flow and GFR, and decreasing GFR causes an increase in plasma HCY levels [11]. In this study, urea, creatinine and HCY levels of diarrheic calves were found to be significantly higher than those of the control group. In addition, in the statistical analysis of the correlations of some variables of diarrheic calves, positive correlation was found between HCY and creatinine and urea concentrations (respectively r= 0.95, P<0.001; r=0.97, P<0.001). It is known that the increase in HCY levels in calves with diarrhea may be due to decreased glomerular filtration. The study supports the hypotheses suggested by the researchers [11,15,31,32] in the increase of HCY levels of the related diarrheic calves.

As a result, in this study, significant changes were detected in urea and creatinine concentrations, which are important markers in the evaluation of glomerular filtration rate or kidney function in diarrheic calves. Hyperhomocysteinemia caused by glomerular filtration rate of kidneys decreases resulting from fluid volume decreases as a result of fluid loss in neonatal calves with diarrhea. The increase in HCY level in calves with diarrhea; HCY may be caused by an increased production rate (i.e. transmethylation), reduction from remethylation or transsulfuration rate of homocysteine, or a decrease in HCY excretion. It is concluded that hyperhomocysteinemia in diarrhea cases will shed light on the studies to be conducted about whether it causes disorders in the cardiovascular system.

**CONFLICT OF INTEREST**

The authors have no competing or conflict of interests in submitting this article.

**FINANCIAL SUPPORT**

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**AUTHOR CONTRIBUTIONS**

SK and CÖ designed the project. ENO provided samples. SK, CÖ and ENO performed statistical analysis of data. All authors also contributed to the preparation of the manuscript.

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