

## ***Edwardsiella tarda* Associated Subcutaneous Abscesses in A Captive Grass Snake (*Natrix natrix*, Squamata: Colubridae)**

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### **Summary**

*Edwardsiella tarda* is an opportunistic pathogen associated with aquatic environments. It has been identified as part of the normal flora of the digestive tract of healthy crocodiles, alligators, turtles, lizards and snakes. However, data on its association with different clinical diseases in reptiles, especially in snakes, is scarce. A female grass snake (*Natrix natrix*) was presented with low body condition and with multiple subcutaneous nodules. After surgical cleaning of a nodule, *E. tarda* was cultivated in pure culture from the abscesses. To the author's best knowledge, this is the first reported clinical case linked to *E. tarda* in snakes and one of the first case reports in grass snake.

**Keywords:** *Subcutaneous abscesses, Captivity, Edwardsiella tarda, Natrix natrix*

## **Bir Kúpeli Yılanda (*Natrix natrix*, Squamata: Colubridae) *Edwardsiella tarda* İle Birlikte Seyreden Subkutan Apse Olgusu**

### **Özet**

*Edwardsiella tarda* sulak çevrelerle ilgili oportunist bir patojendir. Sağlıklı timsahlar, kaplumbağalar, kertenkeleler ve yılanların sindirim sisteminin normal florasının bir parçasıdır. Ancak, sürüngenlerde, özellikle yılanlarda, farklı klinik hastalıklarla olan ilişkilerine yönelik veriler sınırlıdır. Bir dişi çayır yılanı (*Natrix natrix*) düşük vücut kondüsyon ve çok sayıda subkutan nodüllerle birlikte sunuldu. Nodülün birinin cerrahi temizliğini takiben, apselerden *E. tarda*'nın saf kültürü izole edildi. Yazarın bildiğine göre, bu ilk defa rapor edilen yılanlarda *E. tarda* ile ilgili klinik olgudur ve çayır yılanında ilk raporlardan biridir.

**Anahtar sözcükler:** *Subkutan apseler, Gözetim, Edwardsiella tarda, Natrix natrix*

### **INTRODUCTION**

Bacterial species of the genus *Edwardsiella* are associated with aquatic habitats, being frequently isolated from fresh-water fishes, amphibians, reptiles and their environment <sup>[1]</sup>. Two members of the genus, *E. tarda* and *E. ictaluri*, are important fish pathogens <sup>[2]</sup>, while *E. hoshinae* was isolated from wild birds, lizards and turtles without reported pathogenicity <sup>[3,4]</sup>.

*E. tarda* causes serious systemic disease, especially

in eels (*Anguillidae*) and catfishes (*Ictaluridae*), however recent studies on natural- and experimental infections suggested that probably all fish species are susceptible under certain conditions (e.g. stress, pollution) <sup>[2]</sup>. Besides fishes, the bacterium causes enteric disease in different aquatic bird species and invades opportunistically the sick and injured marine mammals <sup>[5,6]</sup>. It also has zoonotic potential, being associated with both gastrointestinal and extraintestinal infections in humans <sup>[7]</sup>. In reptiles, the



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bacteria was isolated both from oral cavity and cloaca of healthy individuals, however studies on its association with different clinical symptoms, especially in snakes, are scarce.

This report presents for the first time the clinical expression of *E. tarda* infection in snakes.

## CASE HISTORY

A captive female grass snake (*Natrix natrix*, Squamata: Colubridae) was referred to the Department of Infectious Disease of the Faculty of Veterinary Medicine Cluj-Napoca. The animal belonged to the Vivarium of the University Babeş-Bolyai and was captured by fishermen in Mărtineşti, Cluj County, Romania. The animal was kept in a terrarium replicating the natural environment of the species and it was fed weekly with small crucian carps (*Carassius carassius*) and tadpoles.

At the clinical examination, the snake presented low body condition and several subcutaneous nodules of different sizes, dispersed almost all over the body surface (Fig. 1).

After local anaesthesia with 2% lidocaine, one of the abscesses was opened and microbiological samples were collected in order to establish the microbial agents involved and to identify the optimal antibiotic treatment based on disk diffusion susceptibility test. The swabs were streaked for isolation onto Columbia agar supplemented with 5% sheep blood for fastidious Gram-negative and Gram-positive bacteria and onto Drigalski agar to select Gram-negative lactose-positive bacteria. After 24 h of incubation at 37°C, a pure culture of lactose-negative, Gram negative bacteria was obtained. The isolate was identified as *E. tarda* using Analytical Profile Index (API) 20E biochemical test strips in accordance with the manufacturer's directions (BioMérieux, France). The sensitivity of the isolate to various



**Fig 1.** Female grass snake (*Natrix natrix*) with multiple subcutaneous abscesses (white arrows)

**Şekil 1.** Dişi çayır yılanında (*Natrix natrix*) çok sayıda subkutan apse odakları (beyaz oklar)

antimicrobials commonly used in exotic practices was evaluated as mentioned before.

Based on susceptibility results a treatment was initiated with Enrofloxacin (10 mg/kg b.w. im; Bayer Corporation) for nine days, 5 ml Duphalyte (Pfizer) and 5 ml Glucose 5%, both administered by intra-coelomic route every second day for 2 weeks.

Despite the treatment, the condition and the health status of the animal deteriorated and ten days later, due to ethical considerations, we were forced to euthanize the snake using ketamine 20 mg/kg b.w. followed by freezing [8].

## DISCUSSION

Previous studies suggested that *E. tarda* is part of the normal flora of the digestive tract of reptiles [9], the bacteria being isolated from American crocodiles (*Crocodylus acutus*) [10], American alligators (*Alligator mississippiensis*) [11], Chinese soft-shelled turtles (*Trionyx sinensis*) [12], Geoffroy's toadhead turtles (*Phrynops geoffroanus*) [4], tokay geckos (*Gekko gecko*) [13] and Brook's House geckos (*Hemidactylus brookii*) [14], garter snakes (*Thamnophis* spp.) [15], South American rattlesnakes (*Crotalus durissus terrificus*) [16] or tiger snakes (*Notechis scutatus*) [17]. Besides the healthy carrier status of different reptile species, septicaemia associated with *E. tarda* was reported in captive crocodiles and in Chinese soft-shelled turtles [18,19]. To our best knowledge, the present study is the first to associate clinical symptoms with *E. tarda* infection in snakes, causing multiple subcutaneous abscesses in a captive grass snake (*Natrix natrix*).

Similarly to earlier studies reporting clinical edwardsiellosis in reptiles [18,19], the described animal was also a captive one. It has been shown that captivity increases the levels of corticosterone, which leads to decreased immunocompetence [20]. Such captivity related immunosuppression could have been underlying the infection with this opportunistic pathogen.

Although *E. tarda* was found as part of the bacterial flora in several snake species [15-17], previous attempts to isolate this microorganism from free-living grass snakes failed [21]. Since the captive grass snake was fed with tadpoles and fishes, both taxa being known as reservoirs for *E. tarda* [2,22], there is a strong argument for a food-borne infection in this case.

The grass snake is one of the most frequent snake species in Europe, and it is a common native reptile brought to veterinarians either as a wildlife casualty [8] or as pet [23]. Despite these facts, there are only two studies on bacterial diseases of this species [23,24]. While one of them reported the susceptibility of the grass snake to experimental infection with different *Mycobacterium* species [24], the second

presented a clinical case similar to the one described in the present study, associating *Salmonella typhimurium* with clinical symptoms<sup>[23]</sup>. Both reports stressed the importance of dermatologic problems in captive snakes.

The present study not only described a new clinical case in a common European native snake species, but also reports the first edwardsiellosis case in snakes.

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